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FOR IMMEDIATE RELEASE

PROFESSIONAL HEALTHCARE RANKED AMONG THE TOP 25 PERCENT OF HOME HEALTH CARE PROVIDERS IN THE COUNTRY FOR 2008

Annandale, VA- October 28, 2008 Professional Healthcare Resources, Inc., one of the largest proprietary Medicare certified home healthcare agencies based in the Washington, DC metropolitan area, is proud to announce that it has been named to the 2008 HomeCare Elite. The selection was made by Outcomes Concepts Systems, Inc. (OCS) a Seattle, WA based healthcare information agency and Decision Health™, a Rockville, MD based healthcare publisher.

This annual review identifies the top 25 percent of home healthcare agencies nation-wide, ranked by an analysis of performance measures in quality outcomes, quality improvement and financial performance. The data used for this analysis was compiled from publicly available information on Medicare's Home Health Compare and CMS Cost Reports.

The 2008 HomeCare Elite also indicates those providers who are included in the Top 100 and Top 500 providers nationwide. Our Washington, DC branch made the list for the third year in a row and was picked as one of the Top 500 agencies in the country. All our Virginia branches (located in Annandale, Richmond, Roanoke, and Norfolk) and our Lanham, MD branch were ranked in the Top 25 Percent list. In 2007, Professional Healthcare Resources had 6 branches on the HomeCare Elite list, and repeated that performance in 2008.

"The 2008 HomeCare Elite winners exemplify a commitment to providing their patients with optimum care while performing at the highest level", said Nancy Buller, Senior Director of Marketing Communications at OCS, Inc. "We congratulate Professional Healthcare on being one of the Top home care agencies in the country."

Ron DeCesare, CEO of Professional Healthcare said "I am proud to be part of a team that has been a HomeCare Elite winner for three years in a row, every year it has been awarded. Our clinical teams work hard to provide the best possible healthcare for the patients we serve, and it shows in our patient care outcomes."

About Professional Healthcare Resources

Founded in 1994, Professional Healthcare is a locally owned and operated home healthcare company that provides skilled nursing care, therapy/rehabilitative services, personal care, and medical social services in Maryland, Virginia and the District of Columbia, and hospice services

in Maryland. With a continuum of healthcare services, and eight branches in the DC Metro region and Southern Virginia, Professional Healthcare can meet the changing needs of home care patients. For more information please visit www.professionalhealthcare.com or call 866.243.1234

About OCS

OCS is the market leader in healthcare information solutions. By collecting, evaluating and interpreting healthcare information, we empower leaders with data-driven insight that helps optimize mission-critical decision making. OCS combines the richness of the nation's most comprehensive post-acute data warehouse with cutting-edge analysis tools, consulting services and custom technology solutions. Our information-based solutions facilitate providers, payors, industry analysts, consultants, Federal and state governments, medical products and pharmaceutical companies with advancing their missions using objective, independent information that is not available from other sources. Learn more at www.ocsys.com or call 888.325.3396.

About DecisionHealth

DecisionHealth® serves the clinical, business and regulatory needs of health care practitioners, providers and their administrative staff nationwide, including home health agencies. For more than 20 years, DecisionHealth has served as the industry's leading source for news, analysis and instructional guidance with brand names such as Home Health Line, Home Care Outcomes, the Complete Home Health ICD-9-CM Diagnosis Coding Manual, Private Duty Insider and Diagnosis Coding Pro for Home Health. Our unique blend of award-winning information specialists, in-house journalists and unmatched access to health care executives, providers and their staffs results in news, analysis and solutions that have captured the attention of nearly 100,000 healthcare readers. For more information, please visit www.DecisionHealth.com or call 877.602.3835.

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